



Live It!

Family Faith Formation Cards

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for
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Welcome to *Live It!*

Live It! is a simple resource designed to help congregations support parents in their desire to form the faith of their children. Each theme word has four cards which can be used consecutively or “shuffled” to appear randomly. The four theme cards are provided on a single page.

You can use these cards in various ways.

- You can print the page, in color or in black and white, cut the page into quarters and give families the card on Sunday mornings or mail the cards to them. You can use regular paper or choose something that is a heavier weight or even use card stock. Card stock will give the cards a more “permanent” feel and make them easier to survive multiple uses. On the other hand, regular paper is easier to print and less expensive. The families at St. John’s use a plastic stand where a paper card can easily be slipped in and is visible on the family dinner table.
- You can include the page in your monthly newsletter and encourage families to cut out their own cards. Again, you can suggest that they use a plastic holder or, if they are going to carry it around with them to use while commuting, they may want to put it into a plastic sleeve. Some might want to find a way to attach the sleeve to the dashboard so it is easily visible and ready to be used during the trip to school or sports.
- You can email the files to parents and they can print their own cards. If a family has a child old enough to know how to use a computer, encourage them to ask that child to print and prepare the cards for the family.



The cards will be posted on the website as they are created. Eventually there will be 36 words (144 cards) — enough for a weekly card for three years. We assume that three years is long enough that no one is likely to remember the content when they re-start the cycle three years later. And in any case, the children will all be three years older so their experience of that word, the activity and quote will be different than it was before.

These cards are designed to give busy parents a quick, easy “focal point” to start a conversation with their children about matters of the faith. They do not substitute for Sunday School, nor are they intended to be a comprehensive faith formation process. These cards are one tool, one way for parents to become involved with their child’s faith formation. They also are a visible sign of the families commitment to the faith and the church’s commitment to its families.

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Contentment

...live it!

“Keep your lives free from the love of money and be content with what you have, because God has said, ‘Never will I leave you; never will I forsake you.’” Hebrews 13:5

Praying...

Father, help us not to covet, but to be content with all that we have and all that we are. Amen.

Sharing...

Read The Ten Commandments. What does it say about coveting? (Exodus 20:1-17)

Growing...

Practice being content with what you have.
How can it be fun?



Contentment

...live it!

“The secret of contentment is knowing how to enjoy what you have, and to be able to lose all desire for things beyond your reach.”

Lin Yu-t'ang

Praying...

Lord, help us to live lives that over-flow with thankfulness, always giving thanks for your abundance. Amen.

Sharing...

What is the difference between being content and being complacent?

Growing...

How can you show your gratefulness for all that God provides for you everyday?



Contentment

...live it!

“I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength.”
Philippians 4:12-13

Praying...

Grant that we would be filled with the peace and contentment that comes only from you. Amen.

Sharing...

Talk about a time when you were “roughing it” but had plenty. What caused your contentment?

Growing...

Express your contentment artistically (Poem, picture, etc.)



Contentment

...live it!

“A sense of contentment makes us kindly and benevolent to others; We are fulfilling our proper destiny and those around us feel the sunshine of our own hearts.” Edward Lytton

Praying...

Father, teach us the secret of being content in every situation, through Him who gives us strength. Amen.

Sharing...

Can anyone else make you content?

Growing...

Do you feel content when you happily give of yourself to others?



Forgiveness ...live it!

“Forgive and you will be forgiven.” Luke 6:37

Praying...

May the Almighty God grant us forgiveness of all our sins, and the grace and comfort of the Holy Spirit. *Amen.*
(Book of Common Prayer, page 128)

Sharing...

Talk about a time when you forgave someone who hurt you.

Growing...

Discuss, “Always forgive your enemies—nothing annoys them so much.” Oscar Wilde



Forgiveness ...live it!

“Love is an act of endless forgiveness.”
Peter Ustinov

Praying...

Lord, help us to love more by blessing us with a forgiving heart. *Amen.*

Sharing...

Discuss, “Forgiveness is not an occasional act: it’s an attitude.” Martin Luther King

Growing...

Read Matthew 18:21-22



Forgiveness ...live it!

“Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.” Col. 3:13

Praying...

Father, we pray that we would be able to forgive each other with our whole hearts. *Amen.*

Sharing...

Is there someone you need to forgive?
Pray for God’s strength.

Growing...

Discuss, “To err is human; to forgive, divine.”
Alexander Pope



Forgiveness ...live it!

“Forgiveness is the fragrance the violet sheds on the heels that has crushed it.”
Mark Twain

Praying...

Lord, help us make forgiving one of life’s adventures. *Amen.*

Sharing...

How can forgiving be an adventure?

Growing...

Discuss, “The weak can never forgive. Forgiveness is the attribute of the strong.” Mohandas Gandhi

More items are added to this resource as they are developed. Check back to the website to download this compiled version or simply download the new files of the individual pages (check the dates at the end of the titles to see which are the most recent additions).